



WELLSAT 3.0 SCORECARD RECOMMENDATIONS Eloy Elementary School District

Date | 2/16/2023



Denotes a federal Local Wellness Policy requirement.

Congratulations on completing the AZ Health Zone's WellSAT review of your district's wellness policy. *This review compared your policy against a "model" wellness policy and found it to be accomplished!* These recommendations are organized by topic and suggest ways to make your policy align even more with practices known to improve student wellness. Because every district is unique, we hope that you can choose from these suggestions in a way that works for your community.

This section already meets numerous best practices. The district may also wish to add

Nutrition Education

that *sequential, comprehensive nutrition education is provided to all grades, K-8, or to all students in a specific grade level (ex., elementary).*

If the district is community eligible, that language could enhance the policy. If not, the policy could add *the steps the District takes to protect the privacy of students who*

Standards for USDA Child Nutrition Programs & School Meals

qualify for free or reduced priced (FRPL) meals and how unpaid meal balances (not just FRPL statuses) are handled without stigmatizing students.

If applicable, consider adding any *local food procurement* used by the District.

The district may wish to add language to explicitly *limit fundraiser exemptions* (ex., none

Nutrition Standards for Competitive and Other Foods & Beverages

allowed, one per year) and/or apply Smart Snack standards to foods and beverages sold or served after school (ex., during after school clubs).

Physical Education (PE) & Physical Activity

The District may wish to *discuss the amount of time that students have for PE*. While national recommendations are 150 minutes/week for elementary and 225 minutes/week for middle school, we recognize that this may not be feasible in the near future. Instead, *consider adding the amount of middle school PE semesters to the policy, the feasibility*

of small increases to the amount of students' PE, and/or increasing students' opportunities to be physically active in other ways (like during brain breaks or recess).

If feasible, the District may wish to:

- Specify any *certification requirements for PE teachers*.
- *Limit PE exemptions* (unless health/medical or religious).
- Include *joint use agreements* in which the community can use physical activity facilities (ex., a playground) after school hours.

Wellness Promotion & Marketing

This section is already very strong. Consider adding *using physical activity as a reward* (ex., extra recess) and/or *not using physical activity as a punishment* (ex., pushups as a punishment is not allowed). Note: The policy already includes model language around not *withholding* physical activity as a punishment.

This section already meets numerous federal and state requirements. The District may

Implementation, Evaluation & Communication

also wish to consider establishing *school-level wellness committees* to support policy implementation efforts tailored to each school.

Your District's Scorecard

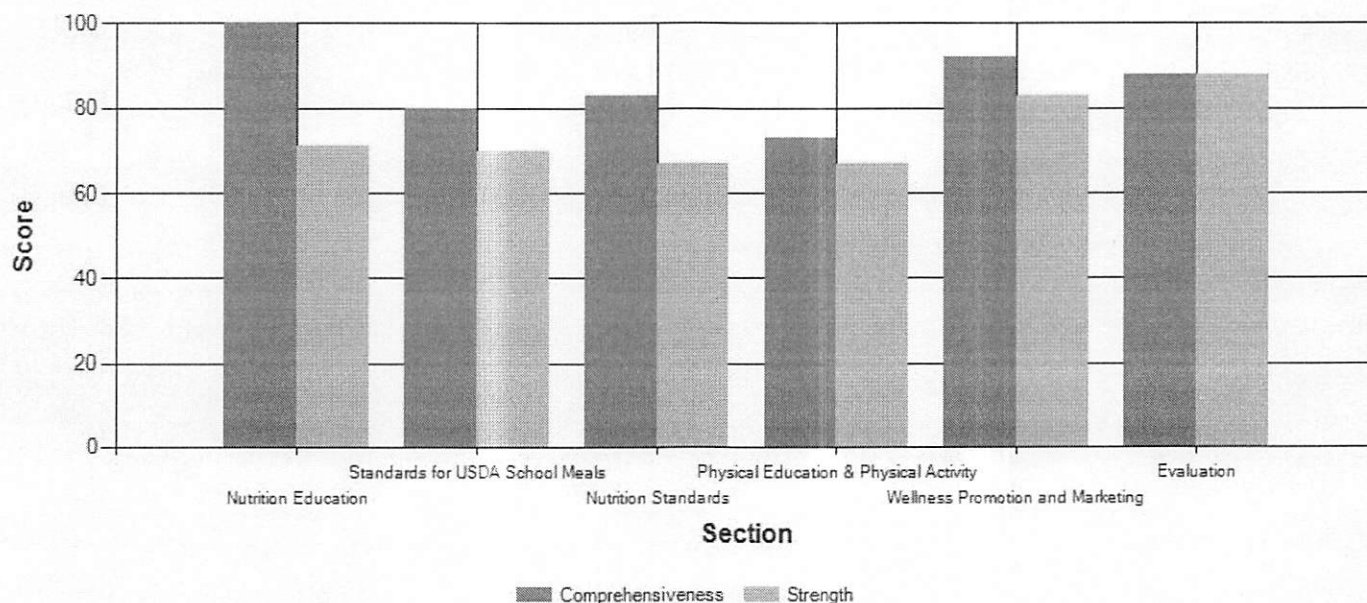
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Congratulations! You have completed the WellSAT. Check out your scorecard below. It contains details of how you scored on each item and section of the assessment. It also provides resources that will help you improve your district's school wellness policy.

Items with a rating of "0" (item not addressed in the policy) or "1" (general or weak statement addressing the item) can be improved by referring to the resource links next to the items. Multiple resources addressing school wellness policy topics are available online. To avoid duplicative information, we have included a small selection, rather than a comprehensive listing.

Version: 3.0

Policy Name: FY23 Eloy ESD



Section 1. Nutrition Education

Rating






Item	Description	Rating
NE1	Includes goals for nutrition education that are designed to promote student wellness.	2
NE2	Nutrition education teaches skills that are behavior focused, interactive, and/or participatory.	2
NE3	All elementary school students receive sequential and comprehensive nutrition education.	1
NE4	All middle school students receive sequential and comprehensive nutrition education.	1
NE6	Nutrition education is integrated into other subjects beyond health education	2
NE7	Links nutrition education with the school food environment.	2
NE8	Nutrition education addresses agriculture and the food system.	2

Subtotal for Section 1	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 7 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	100
	Strength Score: Count the number of items rated as "2" and divide this number by 7 (the number of items in this section). Multiply by 100.	71

Nutrition Education Resources from AZ Health Zone

<https://www.azhealthzone.org/wp-content/uploads/2021/10/az-health-zone-ffy2021-ffy2022-approved-curriculum.pdf>

Section 2. Standards for USDA Child Nutrition Programs and School Meals







		Rating
SM1	 Assures compliance with USDA nutrition standards for reimbursable school meals.	2
SM2	Addresses access to the USDA School Breakfast Program.	2
SM3	 District takes steps to protect the privacy of students who qualify for free or reduced priced meals.	0
SM4	Addresses how to handle feeding children with unpaid meal balances without stigmatizing them.	0
SM5	Specifies how families are provided information about determining eligibility for free/reduced priced meals.	2
SM6	Specifies strategies to increase participation in school meal programs.	2
SM7	Addresses the amount of "seat time" students have to eat school meals.	2
SM8	 Free drinking water is available during meals.	2
SM9	 Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards.	2
SM10	 Addresses purchasing local foods for the school meals program.	1
Subtotal for Section 2	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 10 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	80
	Strength Score: Count the number of items rated as "2" and divide this number by 10 (the number of items in this section). Multiply by 100.	70

School Food Resource - Smarter Lunchrooms


https://nutritioneval.arizona.edu/sites/nutritioneval.arizona.edu/files/materials/FY21-25%20SLM%20Scorecard%20Guide%20v2.0_0.pdf




Section 3. Nutrition Standards for Competitive and Other Foods and Beverages

Rating

NS1	 Addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day.	2
NS2	USDA Smart Snack standards are easily accessed in the policy.	2
NS3	 Regulates food and beverages sold in a la carte.	2
NS4	 Regulates food and beverages sold in vending machines.	2
NS5	 Regulates food and beverages sold in school stores.	2
NS6	 Addresses fundraising with food to be consumed during the school day.	2
NS7	Exemptions for infrequent school-sponsored fundraisers with food to be consumed during the school day.	0
NS9	 Regulates food and beverages served at class parties and other school celebrations in elementary schools.	1
NS10	Addresses nutrition standards for all foods and beverages served to students after the school day, including, before/after care on school grounds, clubs, and after school programming.	1
NS11	Addresses nutrition standards for all foods and beverages sold to students after the school day, including before/after care on school grounds, clubs, and after school programming.	0
NS12	Addresses food not being used as a reward.	2
NS13	Addresses availability of free drinking water throughout the school day.	2
Subtotal for Section 3	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 12 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	83
	Strength Score: Count the number of items rated as "2" and divide this number by 12 (the number of items in this section). Multiply by 100.	67
<p align="center">Nutrition Standard Resources</p> <p align="center">https://www.govinfo.gov/content/pkg/FR-2012-01-26/pdf/2012-1010.pdf</p>		



Section 4. Physical Education and Physical Activity

		Rating
PEPA1	 There is a written physical education curriculum for grades K-12.	2
PEPA2	The written physical education curriculum for each grade is aligned with national and/or state physical education standards.	2
PEPA3	Physical education promotes a physically active lifestyle.	2
PEPA4	Addresses time per week of physical education instruction for all elementary school students.	1
PEPA5	Addresses time per week of physical education instruction for all middle school students.	0

PEPA7	Addresses qualifications for physical education teachers for grades K-12.	0
PEPA8	Addresses providing physical education training for physical education teachers.	2
PEPA9	Addresses physical education exemption requirements for all students.	0
PEPA10	Addresses physical education substitution for all students.	2
PEPA11	 Addresses family and community engagement in physical activity opportunities at all schools.	2
PEPA12	 Addresses before and after school physical activity for all students including clubs, intramural, interscholastic opportunities.	2
PEPA13	Addresses recess for all elementary school students.	2
PEPA14	 Addresses physical activity breaks during school.	2
PEPA15	Joint or shared-use agreements for physical activity participation at all schools.	0
PEPA16	District addresses active transport (Safe Routes to School) for all K-12 students who live within walkable/bikeable distance.	2
Subtotal for Section 4	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 15 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	73
	Strength Score: Count the number of items rated as "2" and divide this number by 15 (the number of items in this section). Multiply by 100.	67

Let's Play AZ Recess Toolkit - Physical Activity Resource
<https://www.azhealthzone.org/wp-content/uploads/2021/10/recess-toolkit-bleeds-reduced.pdf>

Section 5. Wellness Promotion and Marketing

		Rating
WPM1	Encourages staff to model healthy eating and physical activity behaviors.	2
WPM2	 Addresses strategies to support employee wellness.	2
WPM3	Addresses using physical activity as a reward.	1
WPM4	Addresses physical activity not being used as a punishment.	0
WPM5	Addresses physical activity not being withheld as a punishment.	2
WPM6	Specifies marketing to promote healthy food and beverage choices.	2
WPM7	 Restricts marketing on the school campus during the school day to only those foods and	2







beverages that meet Smart Snacks standards.

WPM8	Specifically addresses marketing on school property and equipment (e.g., signs, scoreboards, sports equipment).	2
WPM9	Specifically addresses marketing on educational materials (e.g., curricula, textbooks, or other printed or electronic educational materials).	2
WPM10	Specifically addresses marketing where food is purchased (e.g., exteriors of vending machines, food and beverage cups and containers, food display racks, coolers, trash and recycling containers).	2
WPM11	Specifically addresses marketing in school publications and media (e.g., advertisements in school publications, school radio stations, in-school television, computer screen savers, schoolsponsored Internet sites, and announcements on the public announcement (PA) system).	2
WPM12	Specifically addresses marketing through fundraisers and corporate-incentive programs (e.g., fundraising programs that encourage students and their families to sell, purchase, or consume products and corporate incentive programs that provide funds to schools in exchange for proof of purchases of company products, such as Box Tops for Education).	2
Subtotal for Section 5	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 12 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	92
	Strength Score: Count the number of items rated as "2" and divide this number by 12 (the number of items in this section). Multiply by 100.	83

Wellness Policy Marketing and Promotion

<https://www.fns.usda.gov/tn/local-school-wellness-policy-outreach-toolkit>

Section 6. Implementation, Evaluation & Communication**Rating**

IEC1	Addresses the establishment of an ongoing district wellness committee.	2
IEC2	 Addresses how all relevant stakeholders (parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrator, and the general public) will participate in the development, implementation, and periodic review and update of the local wellness policy.	2
IEC3	 Identifies the officials responsible for the implementation and compliance of the local wellness policy.	2
IEC4	 Addresses making the wellness policy available to the public.	2
IEC5	 Addresses the assessment of district implementation of the local wellness policy at least once every three years.	2
IEC6	 Triennial assessment results will be made available to the public and will include:	2
IEC7	 Addresses a plan for updating policy based on results of the triennial assessment.	2
IEC8	Addresses the establishment of an ongoing school building level wellness committee.	0

Subtotal for Section 6	Comprehensiveness Score: Count the number of items rated as "1" or "2" and divide this number by 8 (the number of items in this section). Multiply by 100. Do not count an item if the rating is "0."	88
	Strength Score: Count the number of items rated as "2" and divide this number by 8 (the number of items in this section). Multiply by 100.	88

Wellness Policy Development, Implementation and Evaluation

<https://nutritioneval.arizona.edu/sites/nutritioneval.arizona.edu/files/materials/FY21-25%20WellSAT%203.0%20Guide%20v3.0.pdf>

Overall District Policy Score	

Total Comprehensiveness

Add the comprehensiveness scores for each of the six sections above and divide this number by 6.

District Score

86

Total Strength

Add the strength scores for each of the six sections above and divide this number by 6.

District Score

74



Federal Requirement



Farm to School



CSPAP

October 10, 2019

To Who It Concerns:

I am writing this letter regarding the employment of Irene Leija (Patino) at the encore (A & W) for about 6 years. While employed there she was responsible for the night management to include all aspects of the kitchen and front counter and supervising the night employees. Irene was also responsible in ordering necessary food items from Shamrock weekly. Irene also worked for Sonic Drive-In for about 4 years. She was the night manager and was responsible for supervising the night staff and all aspects of the kitchen and front counter, and daily close out of cash registers and back deposits.

If you have any questions I can be reached at 520-466-9372.

Sincerely,

Artie Fraga

Former Manager

Encore Drive In

Sonic Drive In

